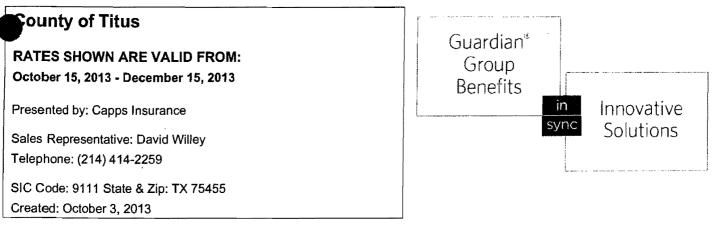
### **PROPOSAL FOR**



### **PLAN DESIGN**

We offer comprehensive benefits plans that can be customized to the needs of employers. To help you evaluate the plans, we have provided detailed benefits summaries within this package.

### RATES

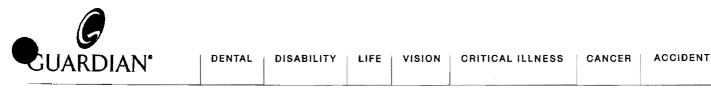
Rates and premiums presented are based on the employee data submitted in your request for a proposal. Final rates and premiums are based on the plans selected and the information provided on the enrollment forms.

### **BROAD RANGE OF PRODUCTS**

We offer a variety of flexible, cost-effective employee benefits plans that can help employers meet the needs of employees and pir families, and manage costs at the same time. Our benefits plans include Dental, Disability, Life, Vision, Critical Illness, and hany more.

### WHY GUARDIAN?

- · Enrollment Support Dedicated professionals help ensure smooth plan implementation
- · Multi-Product Discounts Combine plans to meet customer needs and save money
- · Convenient Access to Service One phone number and one secure website
- · Streamlined Billing All plans billed on one invoice
- · Experience & Expertise Over 50 years group benefits experience with exemplary ratings





|                            |                    | R                    | ATES                |             |                    |  |  |  |  |
|----------------------------|--------------------|----------------------|---------------------|-------------|--------------------|--|--|--|--|
|                            |                    | P                    | lan #1              |             |                    |  |  |  |  |
| All Eligible Employees     | Employee           | Employee &<br>Spouse | Employee &<br>Child | Full Family | Monthly<br>Premium | Annual<br>Premium  |  |  |  |
| Monthly Rate               | \$7.53             | \$12.68              | \$12.93             | \$20.46     | \$1,659.84         | \$19,918.08  |  |  |  |
| Census                     | 88                 | 18                   | 12                  | 30          |                    |  |  |  |  |
| Rate Guarantee             | 1 Year             |                      |                     |             |                    |  |  |  |  |
|                            |                    | BF                   | NEFITS              |             |                    |  |  |  |  |
|                            |                    | Bard Root I          | All Eligible        | Employees   |                    |  |  |  |  |
| Contribution/Participation | Voluntary, Assum   | es 50% of eligible e |                     |             |                    |  |  |  |  |
| Dependent Age Limits       | To Age 26          |                      |                     |             |                    |  |  |  |  |
| Network/Plan               | Davis/Full Feature | e - Designer B       |                     |             |                    | - and a first of the second seco |  |  |  |
| Сорау                      | 1                  |                      |                     |             |                    |  |  |  |  |
| Split(Exams/Materials)     | \$10/\$25          |                      |                     |             |                    |  |  |  |  |
|                            |                    | SERVICE P            | REQUENCIE           | ES          |                    |  |  |  |  |
|                            |                    |                      | Once I              | Every:      |                    |  |  |  |  |
| Eye Exams                  |                    | Calendar Year        |                     |             |                    |  |  |  |  |
| Lenses Benefit             |                    |                      | Calenda             | ar Year     |                    |  |  |  |  |
| Contact Lenses             |                    |                      | Calenda             | ar Year     |                    |  |  |  |  |
| Frames                     |                    |                      | Other Cale          | ndar Year   |                    |  |  |  |  |
|                            | R                  | EIMBURSEN            | MENT SCHED          | DULE        |                    |  |  |  |  |
|                            | In                 | Network (Copa        | ()                  | Out N       | etwork (After Co   | opay)  |  |  |  |
| Eye Exams Benefit          |                    | \$10                 |                     |             | \$50 max           |  |  |  |  |
| Lenses Benefit             |                    |                      |                     |             |                    |  |  |  |  |
| Single Vision              |                    | \$25                 |                     |             | \$48 max           |  |  |  |  |
| Bifocal                    |                    | \$25                 |                     |             | \$67 max           |  |  |  |  |
| Trifocal                   |                    | \$25                 |                     |             | \$86 max           |  |  |  |  |
| Lenticular                 |                    | \$25                 |                     |             | \$126 max          |  |  |  |  |
| Contact Lenses Benefit**   |                    |                      |                     |             |                    |  |  |  |  |
| Medically Necessary        | C                  | Covered after copay  |                     |             | \$210 max          |  |  |  |  |
| Elective                   | \$12               | 0 max (Copay waiv    | ed)                 | \$105       | max (Copay waive   | ed)  |  |  |  |
| Frames Benefit             | \$120 ref          | ail max + 20% off b  |                     |             | \$48 max           |  |  |  |  |

\*\*In lieu of complete set of glasses

### **PLAN HIGHLIGHTS**

- Guardian's affiliation with Davis Vision offers access to over 43,000 provider locations nationwide, including private practice providers and many convenient retailers such as Wal-Mart, Sam's Club, Target, Sears, JC Penney and Pearle locations. On average 95% of members use an in network provider. Just visit GuardianLife.com and select 'Find a Provider'.
- All plan eyeglasses at national retailers come with a breakage warranty for repair or replacement of the frame and/or lenses for a period of one year from the date of delivery. At private practice providers the warranty would cover all lenses and frames from the Davis Vision Collection only.
- For calendar year plans, this plan allows for frames every two calendar years, regardless of whether the member obtained elective contact lenses the previous year.
- With our Designer plans, members will receive significant discounts on lens options, discounts will range from 20-60% off the U&C. For example, standard progressive lenses will cost \$50 and scratch resistant coating will cost \$20. Oversized lenses and fashion or gradient inting of plastic lenses are covered in full.

### PLAN HIGHLIGHTS (continued)

- Full Feature plans receive a 20% discount off the amount exceeding the copay and allowance on non-Collection frames and 15% off the amount exceeding the copay and allowance on non-Collection contact lenses purchased from a participating provider. At Wal-Mart and Sam's Club locations, members will receive Wal-Mart's or Sam's Club's everyday low prices.
- With our Designer plans, frames from Davis' Fashion or Designer collections are covered in full in excess of the plan's materials copay.
   Frames from Davis' Premier collection are covered in full in excess of a \$25 copay applied in addition to the plan's materials copay.
   Frames not in the collections are covered up to the plan's retail allowance in excess of the plan's materials copay.
   The Collections are available at most participating independent provider offices but not in retail locations.
- Contact lenses purchased from the Davis Collection are covered in full after the copay, if any, and the contact lens fitting and evaluations are included at no additional charge. The Collection is available at most participating independent provider offices but not in retail locations.

### **IMPORTANT NOTES**

Rates and premiums are based on the employee data submitted. Final rates and premiums are based on the plan and employee/dependent data provided on the enrollment forms. State specific requirements apply.

- The covered person must remain enrolled until the plan's next vision annual open enrollment period. Someone who waives or drops coverage can't enroll until the plan's next vision annual open enrollment period. These requirements do not apply if the vision plan is sold on a noncontributory basis or if enrollment is tied-to a dental or medical plan.
- If an employee has employee/spouse vision coverage and the spouse obtains new employment and elects vision coverage with the new
  employer, Guardian lock-in does not apply to that spouse and the spouse is free to move with no negative impact.
- If an employee has employee/spouse vision coverage and both the employee and spouse elect to move over to the spouse's new employer's vision plan, again, Guardian lock-in does not apply to either spouse or employee.
- If an employee gets married and wishes to go on the new spouse's plan, the member may decline outside of open enrollment only if the member actually goes on the new spouse's plan.
- We reserve the right to adjust rates if actual participation is below assumed level. We reserve the right to withdraw this proposal if actual participation is below 25%.

Please see the Summary of Plan Limitations and Exclusions that appears either on this page or the last page of this coverage.

Vision

|                            |                    | R                                      | ATES                |  |                  |  |  |  |  |
|----------------------------|--------------------|--|---------------------|--|------------------|--|--|--|--|
|                            |                    | P                                      | lan #2              |  |                  |  |  |  |  |
| No Retirees                | Employee           | Employee &<br>Spouse                   | Employee &<br>Child | yee & Full Family Monthly<br>Ild Premium |                  |  |  |  |  |
| Monthly Rate               | \$6.89             | \$11.60                                | \$11.83             | \$18.72                                  | \$1,325.76       | \$15,909.12                              |  |  |  |
| Census                     | 60                 | 18                                     | 12                  | 30                                       |                  |  |  |  |  |
| Rate Guarantee             | 1 Year             |  |                     |  |                  |  |  |  |  |
|                            |                    | BE                                     | NEFITS              |  |                  |  |  |  |  |
|                            |                    |  | No Re               | tirees                                   |                  |  |  |  |  |
| Contribution/Participation | Voluntary, Assum   | es 50% of eligible e                   |                     |  |                  |  |  |  |  |
| Dependent Age Limits       | To Age 26          |  |                     |  |                  |  |  |  |  |
| Network/Plan               | Davis/Full Feature | e - Designer B                         |                     |  |                  | andadadadada Marko at Marko Alan Marko A |  |  |  |
| Сорау                      | 1                  | ······································ |                     |  |                  |  |  |  |  |
| Split(Exams/Materials)     | \$10/\$25          |  |                     |  |                  |  |  |  |  |
|                            |                    | SERVICE F                              | REQUENCIE           | ES                                       |                  |  |  |  |  |
|                            |                    |  | Once I              | Every:                                   |                  |  |  |  |  |
| Eye Exams                  |                    |  | Calenda             | ar Year                                  |                  |  |  |  |  |
| Lenses Benefit             |                    |  | Calenda             | ar Year                                  |                  |  |  |  |  |
| Contact Lenses             |                    |  | Calenda             | ar Year                                  |                  |  |  |  |  |
| Frames                     | R                  |  | Other Cale          | ndar Year                                |                  |  |  |  |  |
|                            | R                  | EIMBURSEN                              | IENT SCHED          | ULE                                      |                  |  |  |  |  |
|                            |                    | Network (Copay                         |                     |  | etwork (After Co | opay)                                    |  |  |  |
| Eye Exams Benefit          |                    | \$10                                   |                     |  | \$50 max         |  |  |  |  |
| Lenses Benefit             |                    |  |                     |  |                  |  |  |  |  |
| Single Vision              |                    | \$25                                   |                     |  | \$48 max         |  |  |  |  |
| Bifocal                    |                    | \$25                                   |                     |  | \$67 max         |  |  |  |  |
| Trifocal                   |                    | \$25                                   |                     |  | \$86 max         |  |  |  |  |
| Lenticular                 |                    | \$25                                   |                     |  | \$126 max        |  |  |  |  |
| Contact Lenses Benefit**   |                    |  |                     |  |                  |  |  |  |  |
| Medically Necessary        | (                  | Covered after copay                    |                     |  | \$210 max        |  |  |  |  |
| Elective                   | \$12               | 0 max (Copay waive                     | ed)                 | \$105                                    | max (Copay waive | ed)                                      |  |  |  |
| Frames Benefit             | \$120 roi          | ail max + 20% off b                    | alanco              |  | \$48 max         |  |  |  |  |

#### \*\*In lieu of complete set of glasses

### PLAN HIGHLIGHTS

- Guardian's affiliation with Davis Vision offers access to over 43,000 provider locations nationwide, including private practice providers and many convenient retailers such as Wal-Mart, Sam's Club, Target, Sears, JC Penney and Pearle locations. On average 95% of members use an in network provider. Just visit GuardianLife.com and select 'Find a Provider'.
- All plan eyeglasses at national retailers come with a breakage warranty for repair or replacement of the frame and/or lenses for a period of one year from the date of delivery. At private practice providers the warranty would cover all lenses and frames from the Davis Vision Collection only.
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### PLAN HIGHLIGHTS (continued)

- Full Feature plans receive a 20% discount off the amount exceeding the copay and allowance on non-Collection frames and 15% off the amount exceeding the copay and allowance on non-Collection contact lenses purchased from a participating provider. At Wal-Mart and Sam's Club locations, members will receive Wal-Mart's or Sam's Club's everyday low prices.
- With our Designer plans, frames from Davis' Fashion or Designer collections are covered in full in excess of the plan's materials copay. Frames from Davis' Premier collection are covered in full in excess of a \$25 copay applied in addition to the plan's materials copay. Frames not in the collections are covered up to the plan's retail allowance in excess of the plan's materials copay. The Collections are available at most participating independent provider offices but not in retail locations.
- Contact lenses purchased from the Davis Collection are covered in full after the copay, if any, and the contact lens fitting and evaluations are included at no additional charge. The Collection is available at most participating independent provider offices but not in retail locations.

### **IMPORTANT NOTES**

Rates and premiums are based on the employee data submitted. Final rates and premiums are based on the plan and employee/dependent data provided on the enrollment forms. State specific requirements apply.

- The covered person must remain enrolled until the plan's next vision annual open enrollment period. Someone who waives or drops coverage can't enroll until the plan's next vision annual open enrollment period. These requirements do not apply if the vision plan is sold on a noncontributory basis or if enrollment is tied-to a dental or medical plan.
- If an employee has employee/spouse vision coverage and the spouse obtains new employment and elects vision coverage with the new employer, Guardian lock-in does not apply to that spouse and the spouse is free to move with no negative impact.
- If an employee has employee/spouse vision coverage and **both** the employee and spouse elect to move over to the spouse's new employer's vision plan, again, Guardian lock-in does not apply to either spouse or employee.
- If an employee gets married and wishes to go on the new spouse's plan, the member may decline outside of open enrollment only if the member actually goes on the new spouse's plan.
- We reserve the right to adjust rates if actual participation is below assumed level. We reserve the right to withdraw this proposal if actual participation is below 25%.

Please see the Summary of Plan Limitations and Exclusions that appears either on this page or the last page of this coverage.

Vision

|                            |                 | R  | ATES       |            |                   |  |  |  |  |
|----------------------------|-----------------|--|------------|------------|-------------------|--|--|--|--|
|                            |                 | P  | 'lan #3    |            |                   |  |  |  |  |
| All Eligible Employees     | Employee        | nployee Employee Employee Employee Monthly<br>Spouse Child Full Family Premium |            |            |                   |  |  |  |  |
| Monthly Rate               | \$11.42         | \$19.23  | \$19.61    | \$31.03    | \$2,517.32        | \$30,207.8   |  |  |  |
| Census                     | 88              | 18   | 12         | 30         |                   |  |  |  |  |
| Rate Guarantee             | 1 Year          |  |            |            |                   |  |  |  |  |
|                            |                 | RE   | NEFITS     |            |                   |  |  |  |  |
|                            |                 |  |            | Employees  |                   |  |  |  |  |
| Contribution/Participation | Voluntary Assum | es 50% of eligible e   |            | Linpioyees |                   |  |  |  |  |
| Dependent Age Limits       | To Age 26       |  |            |            |                   |  |  |  |  |
| Network/Plan               |                 | - Enhanced Choice  | B          |            |                   | name and an an or a super-second of a first state of the super-second state of |  |  |  |
| Сорау                      |                 |  |            |            |                   |  |  |  |  |
| Split(Exams/Materials)     | \$10/\$25       |  |            |            |                   |  |  |  |  |
|                            |                 | SERVICE F  | REQUENCI   | ĒS         |                   |  |  |  |  |
|                            |                 |  | Once       | Every:     |                   |  |  |  |  |
| Eye Exams                  |                 |  | Calend     | ar Year    |                   |  |  |  |  |
| Lenses Benefit             |                 |  | Calend     | ar Year    |                   |  |  |  |  |
| Contact Lenses             |                 |  | Calend     | ar Year    |                   |  |  |  |  |
| Frames                     |                 |  | Other Cale | endar Year | ~                 |  |  |  |  |
|                            | R               | EIMBURSEN  | AENT SCHED | DULE       |                   |  |  |  |  |
|                            | In              | Network (Copa  | <b>(</b> ) | Out N      | etwork (After Co  | opay)  |  |  |  |
| Eye Exams Benefit          |                 | \$10   |            |            | \$39 max          |  |  |  |  |
| Lenses Benefit             |                 |  |            |            |                   |  |  |  |  |
| Single Vision              |                 | \$25   |            |            | \$23 max          |  |  |  |  |
| Bifocal                    |                 | \$25   |            |            | \$37 max          |  |  |  |  |
| Trifocal                   |                 | \$25   |            |            | \$49 max          |  |  |  |  |
| Lenticular                 |                 | \$25   |            |            | \$64 max          |  |  |  |  |
| Contact Lenses Benefit**   |                 |  |            |            |                   |  |  |  |  |
| Medically Necessary        | C               | Covered after copay  |            |            | \$210 max         |  |  |  |  |
| Elective                   | \$13            | 0 max (Copay waiv  | ed)        | \$100      | ) max (Copay waiv | ed)  |  |  |  |
| Frames Benefit             | \$130 re        | tail max + 20% off b   | alance     |            | \$46 max          |  |  |  |  |

\*\*In lieu of complete set of glasses

### PLAN HIGHLIGHTS

- Guardian's affiliation with Vision Service Plan (VSP) offers one of the largest vision care networks in the industry with over 50,000 provider locations nationwide. On average 95% of members use an in-network provider. Just visit GuardianLife.com and select 'Find a Provider'.
  Guardian's affiliation with Vision Service Plan (VSP) Choice Network offers access to over 50,000 provider locations nationwide which is a lower cost plan with higher out of pocket costs for the members compared to a Signature Plan. On average 95% of members use an in
- network provider. Just visit GuardianLife.com and select 'Find a Provider'.
  Choice plans offer 20% off any additional pairs of glasses purchased within 12 months of the exam. Members also receive 20% off the amount exceeding the copay and allowance on frames purchased as well as 15% off providers' professional services for prescription contact lenses. These discounts only apply to services from an in network provider.
- With our Choice plans, members will receive significant discounts on lens options, discounts will range from 20-25% off the U&C. For example, standard progressive plastic lenses will cost the member \$55 and scratch resistant coating will cost \$17. Solid tints and dyes are covered in full.

### **PLAN HIGHLIGHTS (continued)**

• For calendar year plans, an Enhanced Plan B allows for frames every two calendar years, regardless of whether the member obtained elective contact lenses the previous year.

### **IMPORTANT NOTES**

Rates and premiums are based on the employee data submitted. Final rates and premiums are based on the plan and employee/dependent data provided on the enrollment forms. State specific requirements apply.

- The covered person must remain enrolled until the plan's next vision annual open enrollment period. Someone who waives or drops coverage can't enroll until the plan's next vision annual open enrollment period. These requirements do not apply if the vision plan is sold on a noncontributory basis or if enrollment is tied-to a dental or medical plan.
- If an employee has employee/spouse vision coverage and the spouse obtains new employment and elects vision coverage with the new
  employer, Guardian lock-in does not apply to that spouse and the spouse is free to move with no negative impact.
- If an employee has employee/spouse vision coverage and both the employee and spouse elect to move over to the spouse's new employer's vision plan, again, Guardian lock-in does not apply to either spouse or employee.
- If an employee gets married and wishes to go on the new spouse's plan, the member may decline outside of open enrollment only if the member actually goes on the new spouse's plan.
- We reserve the right to adjust rates if actual participation is below assumed level. We reserve the right to withdraw this proposal if actual
  participation is below 25%.

Please see the Summary of Plan Limitations and Exclusions that appears either on this page or the last page of this coverage.

Vision

|                            |   | R                                     | ATES                |  |   |   |  |
|----------------------------|---|---------------------------------------|---------------------|--|---|---|--|
|                            |   | P                                     | lan #4              |  |   |   |  |
| No Retirees                | Employee                                    | Employee &<br>Spouse                  | Employee &<br>Child | Full Family                              | Monthly<br>Premium  | Annual<br>Premiur   |  |
| Monthly Rate               | \$10.45                                     | \$17.59                               | \$17.94             | \$28.40                                  | \$2,010.90  | \$24,130.80   |  |
| Census                     | 60  | 18                                    | 12                  | 30                                       |   |   |  |
| Rate Guarantee             | 1 Year                                      |                                       |                     |  |   |   |  |
|                            |   | RE                                    | NEFITS              |  |   |   |  |
|                            |   |                                       | No Re               | tiroos                                   |   |   |  |
| Contribution/Participation | Voluntary Assu                              | mes 50% of eligible e                 |                     | illees                                   |   |   |  |
| Dependent Age Limits       | To Age 26                                   |                                       | mployees.           |  |   | ar en an ander e ar an  |  |
| Network/Plan               |   | e - Enhanced Choice                   | Ŕ                   | an a |   |   |  |
| Copay                      | Vol // di / calar                           |                                       |                     |  |   |   |  |
| Split(Exams/Materials)     |   |                                       |                     |  |   |   |  |
|                            | \$10/\$25                                   |                                       |                     |  |   |   |  |
|                            |   | SERVICE F                             | REQUENCIE           | ES 👘                                     |   |   |  |
|                            |   |                                       | Once i              | Every:                                   |   |   |  |
| Eye Exams                  |   |                                       | Calenda             | ar Year                                  |   |   |  |
| Lenses Benefit             |   |                                       | Calenda             | ar Year                                  | Fight Press (1), New York and Solar S<br>Solar Solar Solar<br>Solar Solar So<br>Solar Solar So<br>Solar Solar Sola<br>Solar Solar S | A   |  |
| Contact Lenses             |   |                                       | Calenda             | ar Year                                  | nemaates 219 - 19 - 19 - 19 - 19 - 19 - 19 - 19   |   |  |
| Frames                     |   |                                       | Other Cale          | ndar Year                                |   |   |  |
|                            |   | REIMBURSEN                            | IENT SCHED          | DULE                                     |   |   |  |
|                            |   | n Network (Copay                      |                     |  | etwork (After Co  | opav)   |  |
| Eye Exams Benefit          |   | \$10                                  |                     |  | \$39 max  | ,   |  |
| Lenses Benefit             |   | · · · · · · · · · · · · · · · · · · · |                     |  |   |   |  |
| Single Vision              | -   | \$25                                  |                     |  | \$23 max  |   |  |
| Bifocal                    |   | \$25                                  |                     |  | \$37 max  | an - 1997, 1999, 201, 1997, 2019, 2019, 2017, 2017, 2017, 2017, 2017, 2017, 2017, 2017, 2017, 2017, 2017, 2017, |  |
| Trifocal                   |   | \$25                                  |                     |  | \$49 max  |   |  |
| Lenticular                 |   | \$25                                  |                     |  | \$64 max  |   |  |
| Contact Lenses Benefit**   |   |                                       |                     |  |   |   |  |
| Medically Necessary        |   | Covered after copay                   |                     |  | \$210 max   |   |  |
| Elective                   | \$1   | 30 max (Copay waive                   | ed)                 | \$100                                    | max (Copay waiv   | ed)   |  |
|                            | \$130 retail max + 20% off balance \$46 max |                                       |                     |  |   |   |  |

### PLAN HIGHLIGHTS

- Guardian's affiliation with Vision Service Plan (VSP) offers one of the largest vision care networks in the industry with over 50,000 provider locations nationwide. On average 95% of members use an in-network provider. Just visit GuardianLife.com and select 'Find a Provider'.
   Guardian's affiliation with Vision Service Plan (VSP) Choice Network offers access to over 50,000 provider locations nationwide which is a
- lower cost plan with higher out of pocket costs for the members compared to a Signature Plan. On average 95% of members use an in network provider. Just visit GuardianLife.com and select 'Find a Provider'.
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  lenses. These discounts only apply to services from an in network provider.
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### **PLAN HIGHLIGHTS (continued)**

• For calendar year plans, an Enhanced Plan B allows for frames every two calendar years, regardless of whether the member obtained elective contact lenses the previous year.

### **IMPORTANT NOTES**

### Rates and premiums are based on the employee data submitted. Final rates and premiums are based on the plan and employee/dependent data provided on the enrollment forms. State specific requirements apply.

- The covered person must remain enrolled until the plan's next vision annual open enrollment period. Someone who waives or drops coverage can't enroll until the plan's next vision annual open enrollment period. These requirements do not apply if the vision plan is sold on a non-contributory basis or if enrollment is tied-to a dental or medical plan.
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- If an employee has employee/spouse vision coverage and **both** the employee and spouse elect to move over to the spouse's new employer's vision plan, again, Guardian lock-in does not apply to either spouse or employee.
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Please see the Summary of Plan Limitations and Exclusions that appears either on this page or the last page of this coverage.

### SUMMARY OF PLAN LIMITATIONS AND EXCLUSIONS

#### **VSP** Network

- · Coverage is limited to those charges that are necessary to prevent, diagnose and treat a vision condition.
- · Members cannot bank unused allowance amounts for future use, they must use their allowance during the same office visit.

The plan does not pay for:

- · Orthoptics or vision training and any associated supplemental testing.
- Medical or surgical treatment of the eye.
- · Eye examination or corrective eyewear required by an employer as a condition of employment.
- · Lenses and frames furnished under this plan, which are lost or broken (except when services are otherwise available).
- The plan limits benefits for blended lenses, oversized lenses, photochromic lenses, coated or laminated lenses, a frame that exceeds plan allowance, cosmetic lenses, U-V protected lenses, and optional cosmetic processes.
- Medically necessary contact lenses are covered only if needed: (1) after cataract surgery; (2) to correct extreme visual acuity problems that cannot be corrected with eyeglasses; (3) for certain conditions of Anisometropia; or (4) for Keratoconus.
- The services, exclusions and limitations listed above do not constitute a contract and are a summary only.
- GP-1-VSN-96-1 et al.

#### **Davis Network**

- · Coverage is limited to those charges that are necessary to prevent, diagnose and treat a vision condition.
- · Members cannot bank unused allowance amounts for future use, they must use their allowance during the same office visit.
- Members cannot split their benefits, they must purchase frames and lenses during the same office visit

The plan does not pay for:

- · Orthoptics or vision training and any associated supplemental testing.
- Medical or surgical treatment of the eye.
- · Eye examination or corrective eyewear required by an employer as a condition of employment.
- · Lenses and frames furnished under this plan, which are lost or broken (except when services are otherwise available).
- Our Designer plans limit benefits for most optional cosmetic lens processes and treatments. Our Premier Platinum plans cover a wide range of cosmetic lens processes and treatments.
- Medically necessary contact lenses are covered only if needed: (1) after cataract surgery; (2) to correct extreme visual acuity problems that cannot be corrected with eyeglasses; (3) for certain conditions of Anisometropia; or (4) for Keratoconus.
- The services, exclusions and limitations listed above do not constitute a contract and are a summary only.
- GP-1-Davis-1 et al.

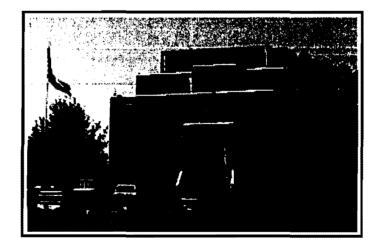
Valid from 10/15/13 to 12/15/13





# EMPLOYEE BENEFITS





# Contact Information

Refer to this list when you need to contact one of your benefit vendors. For general information, contact Human Resources or Capps Insurance Agency.

## **Carrier Information**

### UMR

umr.com Plan #7670-00-411401-Medical Plan #7670-02-411401-Dental (800) 826-9781

### **Employee Assistance Program**

Guardian Life Insurance Work-Life Matters (800) 386-7055 9am-8pm M-F (EST) Emergency access 24/7 <u>www.ibhworklife.com</u>

### Vision/Life

**Plan #** Guardian Life Insurance (800) 541-7846 For provider listings: <u>www.guardianlife.com</u>

### Will Prep

www.ibhwillprep.com User Name: WillPrep Password: GLIC09

### General Information Human Resources

### **Capps Insurance Agency**

(800) 577-1972 tmelton@cappsinsurance.com



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# Medical Coverage

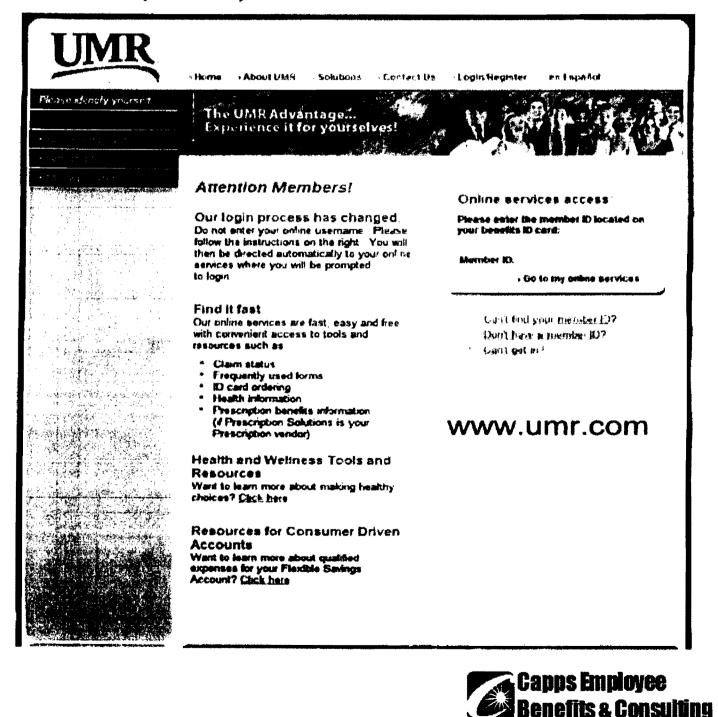


| Benefits Features                           | In Network                                     | Out Of Network                          |  |  |  |  |  |
|---|--|---|--|--|--|--|--|
| Network                                     | Options PPO                                    |   |  |  |  |  |  |
| Lifetime Maximum Benefit                    | N  | o Limit                                 |  |  |  |  |  |
| Annual / Calendar Year Maximum Benefit      | Unlimited                                      |   |  |  |  |  |  |
| Annual Daduatible                           | \$750 individual                               | \$1,500 individual                      |  |  |  |  |  |
| Annual Deductible                           | \$2,250 family                                 | \$4,500 family                          |  |  |  |  |  |
| Annual Maximum Out of Pocket                | \$2,750 individual                             | \$5,500 individual                      |  |  |  |  |  |
|   | \$8,750 Family                                 | \$16,500 family                         |  |  |  |  |  |
| Coinsurance                                 | 90%  | 60%                                     |  |  |  |  |  |
| Prescertification for Inpatient procdures   | COEC popular for fail                          | ure to pre-certify services             |  |  |  |  |  |
| Phone: 866-494-4502                         |  | are to pre-certify services             |  |  |  |  |  |
| Physician Fees                              |  |   |  |  |  |  |  |
| Office Visit                                | \$25   | 60% after Deductible                    |  |  |  |  |  |
| Hospital Visit                              | 90% after Deductible                           | 60% after Deductible                    |  |  |  |  |  |
| Hospital Care                               |  |   |  |  |  |  |  |
| Physician Services                          | 90% after Deductible                           | 60% after Deductible                    |  |  |  |  |  |
| Facility Charges                            | 90% after Deductible                           | 60% after Deductible                    |  |  |  |  |  |
| Emergency Care / Urgent Care                |  |   |  |  |  |  |  |
| Physician Services                          | \$100 copay then 90% after Deductible          | \$100 copay then 60% after Deductible   |  |  |  |  |  |
| Facility Charges                            | \$100 copay then 30% after Deductible          |   |  |  |  |  |  |
| Ambulance / Air or Ground \$2,000 CYM       | 90% after Deductible                           | 60% after Deductible                    |  |  |  |  |  |
| Diagnostic X-Ray & Routine Lab              | 90% after Deductible                           | 60% after Deductible                    |  |  |  |  |  |
| Preventive Care                             |  |   |  |  |  |  |  |
| Routine: Physicals, Well Woman, PSA, Mammo- | 100%   | 60%                                     |  |  |  |  |  |
| grams, Colonoscopy, lab work, EKG           | (no copay or deductible)                       | after deductible                        |  |  |  |  |  |
| *Routine: procedures that ore done as a     | yearly preventive measure only, Diagnostic pro | cedures apply to deductible/coinsurance |  |  |  |  |  |
| Maternity Care                              |  |   |  |  |  |  |  |
| Physician Services                          |  |   |  |  |  |  |  |
| Facility Charges                            | 90% after Deductible                           | 60% after Deductible                    |  |  |  |  |  |
| Home Health Care - 45 visits CYM            | 90% after Deductible                           | 60% after Deductible                    |  |  |  |  |  |
| Skilled Nursing Facility - 60 days CYM      | 90% after Deductible                           | 60% after Deductible                    |  |  |  |  |  |
| Hospice Care - Limited To:                  |  | WWWW                                    |  |  |  |  |  |
| 30 days in-patient / 45 visits out-patient  | 90% after Deductible                           | 60% after Deductible                    |  |  |  |  |  |
| Prescription Drugs 30 day supply            |  |   |  |  |  |  |  |
| Generic                                     |  | \$5                                     |  |  |  |  |  |
| Brand Name                                  | \$25   |   |  |  |  |  |  |
| Non Preferred Brand                         |  | \$50                                    |  |  |  |  |  |
| Mental Health Services                      |  |   |  |  |  |  |  |
| Inpatient                                   | 90% after Deductible                           | 60% after Deductible                    |  |  |  |  |  |
| Physician Office Visits                     | \$25   | 60% after Deductible                    |  |  |  |  |  |
| Outpatient                                  | 90% after Deductible                           | 60% after Deductible                    |  |  |  |  |  |
| Chemical Dependency Services                |  |   |  |  |  |  |  |
| Inpatient                                   | 90% after Deductible                           | 60% after Deductible                    |  |  |  |  |  |
| Physician Office Visits                     | \$25   | 60% after Deductible                    |  |  |  |  |  |
| i nyaiciún office viaica                    |  |   |  |  |  |  |  |
| Outpatient                                  | 90% after Deductible                           | 60% after Deductible                    |  |  |  |  |  |
|   | 90% after Deductible<br>90% after Deductible   | 60% after Deductible                    |  |  |  |  |  |
| Outpatient                                  |  |   |  |  |  |  |  |



### Don't Have a Member ID?

To log into online services, you will need to provide your identification number. Your member or subscriber identification number is located on your benefits ID card. If you do not have a benefits ID card, enter your social security number.



# Dental Benefits included with UMR



# Dental Benefits

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| Calendar Year Deductible      | \$50 individual                   |
|-------------------------------|-----------------------------------|
| Calendar Year Maximum Benefit | \$1,000                           |
| Preventive Treatment          | 100% (deductible waived)          |
| Cleaning & Exam               | 1 every 6months                   |
| Bitwings                      | 1 series per 6months              |
| Flouride Treatment            | under age 19 (2 per 12months)     |
| Basic Treatment               | 80%                               |
| Major Treatment               | 50%                               |
| Waiting Period                | None                              |
| Orthodontia Benefit           | \$1,000 lifetime max up to age 18 |
| Sealants                      | Not Covered                       |



These days, more and more people are making sure they have access to quality vision care. Regular eye exams not only diagnose vision problems, they provide early detection of serious health problems such as diabetes, hypertension, neurological disorders and brain tumors.

Guardian provides rich, flexible vision plans covering exams and materials – making it more affordable to keep your eyes healthy.

Visit any doctor with your Full Feature plan, but save by

# Vision Benefit Summary

|  | Full Feature   |                                     |
|--|--|-------------------------------------|
| Network  | VSP Network Signature Plan                                 |                                     |
| Your Weekly premium  | \$   |                                     |
| You and spouse   | \$   |                                     |
| You and child(ren)   | \$   |                                     |
| You, spouse and child(ren)   | \$   |                                     |
| Сорау  | <b>•</b> · · -   |                                     |
| Exams Copay  | \$10   |                                     |
| Materials Copay (waived fro elective contact<br>lenses)                            | \$25   | 1/                                  |
| Sample of Covered Services   |  | You pay (after copay if applicable) |
|  | In-network   | Out-of-network                      |
| Eye Exams  | \$0  | Amount over \$39                    |
| Single Vision Lenses   | \$0  | Amount over \$23                    |
| Lined Bifocal Lenses   | \$0  | Amount over \$37                    |
| Lined Trifocal Lenses  | \$0  | Amount over \$49                    |
| Lenticular Lenses  | \$0  | Amount over \$64                    |
| Frames   | 80% of amount over \$130                                   | Amount over \$46                    |
| Contact Lenses (Elective)  | Amount over \$130  | Amount over \$100                   |
| Contact Lenses (Medically Necessary)   | \$0  | Amount over \$210                   |
| Contact Lenses (Evaluation and fitting)  | 15% off UCR  | No discounts                        |
| Cosmetic Extras  | Avg. 20-25% off retail price                               | No discounts                        |
| Glasses (Additional pair of frames and lenses)                                     | 20% off retail price^                                      | No discounts                        |
| Laser Corrective Surgery Discount  | Up to 15% off the usual charge or 5% off promotional price | No discounts                        |
| Service Frequencies  |  |                                     |
| Exams Copay  | Every 12 months  |                                     |
| Lenses (for glasses or contact lenses)±  | Every 12 months  |                                     |
| Frames   | Every 24 months±±±   |                                     |
| Network discounts (cosmetic extras, glasses and contact lens professional service) | Limitless within 12 months of exam.                        |                                     |
| Dependent Age Limits   | 26   |                                     |

±Benefit includes coverage for glasses or contact lenses, not both.

±±±The VSP System considers contact lenses to be equivalent of a full pair of eyeglasses (lenses and frames) so while the member can obtain contact lenses one year and standard eyeglass lenses the next year, the frames benefit would not be available until 24 months or two calendar years, depending on the plan design, after the date the member This is only a partial list of vision services. Your certificate of benefits will show exactly what is covered and excluded.



# Your HealthPro

By Compass Professional Health Services



Your employer has hired us, Compass Professional Health Services, to serve as your personal healthcare advisor. Our mission is to help you understand and reap the full benefits from your healthcare benefits. The service is simple to use and available to you now. No matter how complex or simple, we all have healthcare needs. From finding a doctor to solving a billing problem, getting straight answers can seem impossible at times. But you're in luck, you have a Compass.

Here is just a sampling of the services Compass provides:

- Unlimited access to a healthcare expert
- Unbiased doctor recommendations
- Hospital cost and quality information
- Straight answers about your benefits
- Bill reconciliation
- Insider information on saving money
- Complete advisor for your healthcare



### Contact Your Personal Health Pro answers@con passphs.com 800.513.1667





Lower Costs

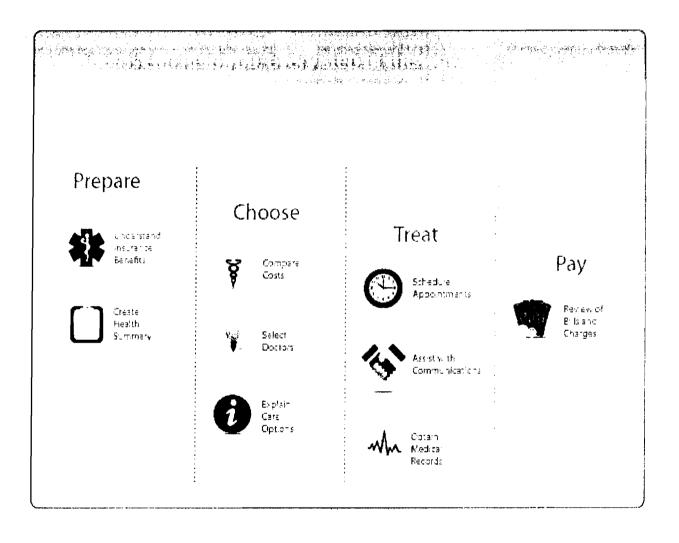
**Smarter Decisions** 

The right direction for healthcare

Is Compass.

# Your HealthPro

By Compass Professional Health Services







# Voluntary Life Benefit Summary

Life insurance provides crucial financial protection for your family if something were to ever happen to you. Benefits can be used towards income replacement, a mortgage, tuition, outstanding debt, and more allowing you to take care of your loved ones even if you are not there. Better yet, this important coverage is being made available to you at economical group rates. Take advantage and enroll today!

|  | BASIC LIFE   | VOLUNTARY TERM LIFE  |
|--|--|--|
| Employee Benefit   | \$50,000   | \$10,000 increments to a maximum of \$200,000. See<br>Cost Illustration page for details.  |
| Accidental Death and Dismemberment   | Your Basic Life coverage<br>includes Accidental Death<br>and Dismemberment<br>coverage equal to one times<br>the employee's life benefits. | Your Voluntary Life coverage includes Accidental<br>Death and Dismemberment coverage equal to one<br>times the employee's life benefits.                 |
| Spouse ‡ Benefit   | N/A  | \$5,000 increments to a maximum of \$100,000. See Cost Illustration page for details.  |
| Child benefit: —children age 14 days to 25 years (26<br>if full time student) for Voluntary Life   | N/A  | You may elect one of the following benefit options:<br>\$10,000. Subject to state limits. See Cost Illustration<br>page for details.                     |
| Guarantee Issue: The 'guarantee' means you are not<br>required to answer health questions to qualify for<br>coverage up to and including the specified amount,<br>when you sign up for coverage during the initial<br>enrollment period. | Underwriting may be<br>required, depending on<br>amount and/or age   | We Guarantee Issue coverage for enrollees less<br>than age 65 up to \$150,000 per employee, \$25,000<br>for a spouse and \$10,000 for dependent children |
| Premiums   | Covered by your company if<br>you meet eligibility   | Increase on plan anniversary after you enter next five -year age group   |
| Portability: Allows you to take your coverage with you if you terminate employment.  | Yes, with age and other restrictions, including evidence of insurability   | Yes, with age and other restrictions, including evidence of insurability   |
| Conversion: Allows you to continue your coverage after your group plan has terminated.   | Yes, with restrictions; see certificate of benefits  | Yes, with restrictions; see certificate of benefits  |
| Accelerated Life Benefit: A lump sum benefit is paid<br>to you if you are diagnosed with a terminal condition,<br>as defined by the plan.  | No   | Yes  |
| Waiver of Premiums: Premium will not need to be paid if you are totally disabled.  |  | For employees disabled prior to age 60, with premiums waived until age 65, if conditions met   |
| Benefit Reductions: Benefits are reduced by a certain percentage as an employee ages.  | 70 15% at age 75 10% at age  | 35% at age 65, 25% at age 70, 15% at age 75, 10%<br>at age 80  |

Subject to coverage limits

† Infant coverage is limited for the first two weeks of infant's life.

**‡** Spouse coverage terminates at age 70.



To determine the most appropriate level of coverage, as a rule of thumb, you should consider about 6 - 10 times your annual income, factoring in projected costs to help maintain your family's current life style. To help you assess your needs, you can also go to Guardian Anytime and use our Life Insurance Explorer Tool.

### Voluntary Life Cost Illustration

|                                   |         | Bi-weel |                  |              | ed. Cost of<br>st Per Age |         | cluded.                |          |                  |         |
|-----------------------------------|---------|---------|------------------|--------------|---------------------------|---------|------------------------|----------|------------------|---------|
| Policy Election Amoun<br>Employee | <25     | 25-29   | 30-34            | 35-39        | 40-44                     | 45-49   | 50-54                  | 55-59    | 60-64            | 65-69   |
| \$10,000                          | \$0.51  | \$0.51  | \$0.51           | \$0.69       | \$1.02                    | \$1.37  | \$2.26                 | \$3.32   | \$5.40           | \$9.6   |
| \$20,000                          | \$1.02  | \$1.02  | \$1.02           | \$1.39       | \$2.03                    | \$3.14  | \$4.52                 | \$6.65   | \$10.80          | \$19.2  |
| \$30,000                          | \$1.52  | \$1.32  | \$1.52           | \$2.08       | \$3.05                    | \$4.71  | \$6.79                 | \$9.97   | \$16.20          | \$28.8  |
| \$40,000                          | \$2.03  | \$2.03  | \$2.03           | \$2.77       | \$4.06                    | \$6.28  | \$9.05                 | \$13.29  | \$21.60          | \$38.4  |
| \$50,000                          | \$2.54  | \$2.54  | \$2.54           | \$3.46       | \$5.08                    | \$7.85  | \$11.31                | \$16.62  | \$27.00          | \$48.0  |
| \$60,000                          | \$3.05  | \$3.05  | \$3.05           | \$4.15       | \$6.09                    | \$9.42  | \$13 ' 7               | \$19.94  | \$32.40          | \$57.6  |
| \$70,000                          | \$3.5S  | \$3.55  | \$3.55           | \$4.85       | \$7.11                    | \$10.99 | \$83                   | \$23.26  | \$37.80          | \$67.2  |
| \$80,000                          | \$4.06  | \$4.06  | \$4.06           | \$5.54       | \$8.12                    | \$12.35 | 18.09ډ                 | \$26.39  | \$43.20          | \$76.8  |
| \$90,000                          | \$4.57  | \$4.57  | \$4.57           | \$6.23       | \$9.14                    | \$14.12 | 20.2                   | \$29.91  | \$48.60          | \$86.4  |
| \$100,000                         | \$5.08  | \$5.08  | \$5.08           | \$6.92       | \$10.15                   | \$15.69 | <u>\$.</u> _ <u>,2</u> | \$? .23  | \$54.00          | \$96.0  |
| \$110,000                         | \$5.59  | \$5.59  | \$5.59           | \$7.62       | \$11.17                   | \$17.26 | \$24.                  | .36.55   | \$59.40          | \$105.6 |
| \$120,000                         | \$6.09  | \$6.09  | \$6.09           | \$8.31       | \$12.19                   | , 9.83  | \$27.14                | \$39.88  | \$64.80          | \$115.2 |
| \$130,000                         | \$6.60  | \$6.60  | \$6.60           | \$9.00       | \$13.20                   | \$2c 'n | \$29 1                 | \$43.20  | \$70.20          | \$124.8 |
| \$140,000                         | \$7.11  | \$7.11  | \$7.11           | \$9.69       | \$14 2                    | 21.9.   | \$ .66                 | \$46.52  | \$75.60          | \$134.4 |
| \$150,000                         | \$7.62  | \$7.62  | \$7.62           | \$10.39      | * J.23                    | 23.54   | ,33.92                 | \$49.85  | \$81.00          | \$144.0 |
| \$160,000                         | \$8.12  | \$8.12  | \$8.12           | \$11.08      | \$ 25                     | \$25.11 | \$36.19                | \$53.17  | \$86.40          | \$153.6 |
| \$170,000                         | \$8.63  | \$8.63  | \$8.63           | \$11.77      | \$17                      | \$26.68 | \$38.45                | \$56.49  | \$91.80          | \$163.2 |
| \$180,000                         | \$9.14  | \$9.14  | \$9.14           | \$12.46      | 18.28                     | \$28.25 | \$40.71                | \$59.82  | \$97.20          | \$172.8 |
| \$190,000                         | \$9.65  | \$9.65  | \$9.65           | \$13.15      | \$1 79                    | 29.82   | \$42.97                | \$63.14  | \$102.60         | \$182.4 |
| \$200,000                         | \$10.15 | \$10.15 | \$10.15          | 2 85         | - <u>*20.</u> +           | \$31.39 | \$45.23                | \$66.46  | \$108.00         | \$192.0 |
| pouse                             |         |         |                  | _ *_ ****    |                           | ++1     | +                      | <u>+</u> |                  |         |
| \$5,000                           | \$0.25  | \$25    | ¢0 25            | \$L 5        | J.31                      | \$0.79  | \$1.13                 | \$1.66   | \$2.70           | \$4.8   |
| \$10,000                          | \$0.31  | \$0.31  | , <u></u>        | \$0.62       | \$1.02                    | \$1.57  | \$1.26                 | \$3.32   | \$5.40           | \$9.6   |
| \$15,000                          | \$0.76  | \$0.76  | \$ 76            | <u>40.00</u> | \$1.32                    | \$2.35  | \$3.39                 | \$4.99   | \$8.10           | \$14.4  |
| \$20,000                          | \$1.02  | \$1.0   | \$1. ?           | \$1.39       | \$2.03                    | \$3.14  | \$4.52                 | \$6.65   | \$10.80          | \$19.2  |
| \$25,000                          | \$1.27  | \$1.2   | \$1.2            | \$1.73       | \$2.34                    | \$3.92  | \$5.65                 | \$8.31   | \$13.50          | \$24.0  |
| \$30,000                          | \$1.32  | \$1.32  | \$1.32           | \$1.08       | \$3.05                    | \$4.71  | \$6.79                 | \$9.97   | \$16.20          | \$28.8  |
| \$35,000                          | \$1.78  | ້<br>ຈຳ | 1.02             | \$2.42       | \$3.35                    | \$5.49  | \$7.92                 | \$11.63  | \$18.90          | \$33.6  |
| \$40,000                          | \$21    | \$2.03  | \$2.03           | \$2.77       | \$4.06                    | \$6.28  | \$9.05                 | \$13.29  | \$21.60          | \$38.4  |
| \$45,000                          |         | \$2.29  | \$2.29           | \$3.12       | \$4.37                    | \$7.06  | \$10.18                | \$14.95  | \$24.30          | \$43.2  |
| \$50,000                          | \$2.54  | \$2.54  | \$2.34           | \$3.46       | \$5.08                    | \$7.85  | \$11.31                | \$16.62  | \$27.00          | \$48.0  |
| \$55,000                          | 7       | \$2.7   | \$2.79           | \$3.81       | \$5.39                    | \$8.63  | \$12.44                | \$18.28  | \$29.70          | \$52.8  |
| \$60,000                          | \$3. 1  | • .J5   | \$3.05           | \$4.15       | \$6.09                    | \$9.42  | \$13.37                | \$19.94  | \$3,140          | \$57.6  |
| \$65,000                          | \$3.30, | \$3.30  | \$3.30           | \$4.50       | \$6.60                    | \$10.20 | \$14.70                | \$21.60  | \$35.10          | \$62.4  |
| \$70,000                          | \$3.35  | \$3.35  | \$3.55           | \$4.85       | \$7.11                    | \$10.99 | \$15.83                | \$23.26  | \$37.80          | \$67.2  |
| \$75,000                          | \$3.81  | \$3.81  | \$3.81           | \$5.19       | \$7.62                    | \$11.77 | \$16.96                | \$24.92  | \$40.30          | \$72.0  |
| \$80,000                          | \$4.06  | \$4.06  | \$4.06           | \$5.54       | \$8.12                    | \$12.55 | \$18.09                | \$26.59  | \$43.20          | \$76.8  |
| \$85,000                          | \$4.00  | \$4.00  | \$4.00           | \$5.89       | \$8.63                    | \$13.34 | \$19.22                | \$28.25  | \$45.90          | \$81.6  |
| \$90,000                          | \$4.52  | \$4.52  | \$4.57           | \$5.69       | \$9.14                    | \$13.34 | \$19.22                | \$29.91  | \$45.50          | \$86.4  |
| \$95,000                          | \$4.57  | \$4.57  |                  | \$6.58       | \$9.65                    | \$14.12 | \$20.35                | \$31.37  | \$40.00          | \$91.2  |
| \$95,000                          |         |         | \$4.82<br>\$5.08 | \$6.92       | \$9.65                    |         | \$21.49                | \$33.23  | \$51.30          | \$96.0  |
|                                   | \$5.08  | \$5.08  | \$J.C¢           | \$0.82       | \$10.15                   | \$15.69 | <b>⊅</b> ∠1.0∠         | ¢33.23   | \$04.00 <u> </u> | \$90.U  |
| hild(ren)                         |         |         |                  |              |                           |         |                        |          |                  |         |
| \$100,000                         | \$1.06  | \$1.06  | \$1.06           | \$1.06       | \$1.06                    | \$1.06  | \$1.06                 | \$1.06   | \$1.06           | \$1.0   |

Guarantee Issue Amount: Employee \$50,000

Premiums for Voluntary Life Increase in five-year increments

Infant coverage is limited for the first two weeks of infant's life.

spouse's age 70.

Benefits & Consulting

# WillPrep

# Protect the Ones You Love

Manage Your Benefits:

### WillPrep Services Can Help Secure Your Family's Future

### Let Your Wishes Be Known

Only you know what's important to you. That's why keeping an up to date will is essential to ensuring that your assets are distributed as you intended, no matter the size of your estate. You may be avoiding creating a will because you believe you can't afford the time or legal expense. Now you can with WillPrep Services.

Your employer has worked with Guardian to make WillPrep Services available to eligible members with Voluntary Life plans. The Services offer support and guidance to help properly prepare the documents that will communicate how you want to preserve your family's financial security. WillPrep has a range of services including online planning documents, a resource library and access to professionals\* to help with issues related to:

- Advanced Health Care Directives Financial Power of Attorney Wills and Living Wills
- Estate Taxes Guardianship and Conservatorship Resource Library
- Executors & Probate Healthcare Power of Attorney Trusts

### Taking advantage of the Services is easy!

For more information about WillPrep Services, go to www.ibhwillprep.com User name: WillPrep; Password: GLIC09 Or Call 1-877-433-6789

\*The Option of an attorney prepared will is available for a small fee.

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# **WorkLifeMatters**

### **Providing Assistance for What Matters Most**

Let's face it, balancing your work and home life is not easy. With WorkLifeMatters, your confidential employee assistance program, you don't have to face life challenges alone. WorkLifeMatters provides guidance for personal issues that you might be facing and information about other concerns that affect your life.

### WorkLifeMatters can offer help with:

#### Education

Admission testing & procedures Adult re-entry programs College Planning Financial aid resources Finding a pre-school

Benefits

Adoption Assistance Before/after school programs Day Care/Elder Care Elder care In-home services

Dependent Care & Care Giving Legal and financial Basic tax planning Credit & collections Debt Counseling Home buying Immigration

Lifestyle & Fitness Management Working Smarter Anxiety & depression Career development Divorce & separation Effective managing Drugs & alcohol Relocation

### ... Support is a phone call or click away

o Unlimited free telephonic consultation with an EAP counselor available 24/7 at 800-386-7055

o Referrals to local counselors - up to three sessions free of charge

o State of the art website featuring over 3,400 helpful articles and topics like wellness, training courses, and a legal and financial center:

www.ibhworklife.com

User Name: Matters

Password: wlm70101

WorkLifeMatters Program services are provided by Integrated Behavioral Health, Inc., and its contractors. Guardian does not provide any part of WorkLifeMatters Program services. Guardian is not responsible or liable for care or advice given by any provider or resource under the program. This information is for illustrative purposes only. It is not a contract. Only the Administration Agreement can provide the actual terms, services, limitations and exclusions. Guardian and IBH reserve the right to discontinue the WorkLifeMatters Program at any time without notice. Legal services provided through WorkLifeMatters will not be provided in connection with or preparation for any action against Guardian, IBH, or your employer.



# Insurance terms in Everyday language

### Active employment

This means you are being paid regularly by your employer to To provide evidence of insurability, you must complete and sign perform the material and substantial duties of your job, a medical history form. including normal vacation.

### Co-pay

Money you pay, from \$10 to \$60, for each doctor's visit or prescription before your insurance coverage pays its part.

### Co-insurance

The percentage of the medical bill you pay after deductibles. For a \$4,000 procedure (such as a biopsy) the deductible might be \$500. You pay 20% of the remaining amount, or \$700.

### **Deductibles**

The amount you pay on medical services annually before your medical insurance pays anything. Deductibles are usually calculated on a calendar year. The deductible usually applies to expenses other than office visits and prescriptions.

### **Delayed effective date**

Employee: Coverage is delayed if you are not an active employee on the date the coverage would start.

Dependents: Coverage is delayed if a dependent is totally disabled on the date the coverage would start. Infants are Preferred Provider Organization - a list of doctors the insured from live birth.

### EOB

An explanation of benefits sent to you by the insurance company or the doctor, lab or hospital that performs a procedure. The EOB will include your personal information, the date of service, the service provider, the amount charged, the amount insurance covers (or has paid) and the amount you owe, if any. It's very important to keep your EOBs for future reference and to check them for accuracy so you can immediately correct any mistakes.

### Evidence of insurability

### **Exclusions**

All insurance plans have exclusions - these are either procedures (in the case of medical insurance) or circumstances (in the case of life, accident or critical illness insurance) that will not be paid for, such as cosmetic surgery or "accidents" resulting from an act of war.

### Portability

If you retire, reduce your hours or leave your employer, you can take this coverage with you according to the terms in the contract. However, if you have a medical condition that could shorten your life expectancy, you cannot do so.

#### Pre-existing conditions

Most insurance policies will not cover conditions that you or a dependent had before you became covered under one of these plans.

#### **PPO**

insurance company likes to use because they have discounted the cost with the insurance company. You can see more than one doctor from this list at a time, and you don't have to select a single doctor. You can still see doctors who aren't on the list, but their services won't be discounted and the insurance company pays a smaller percentage of their charges.

### Waiver of premium

If you are receiving disability benefits and cannot work, your premium payments are waived.



### When can changes be made?

If you wish to add new coverage, add or delete a dependent or terminate coverage, you must do so during open enrollment or within 30 days of a qualifying event, i.e. marriage, birth, adoption or death. Life insurance beneficiaries can be changed at any time during the plan year.

### What forms should be completed if making changes:

If you wish to add, delete or change coverage for yourself or your dependents, you must complete an enrollment or change form. If you wish to change your beneficiary on the group life or voluntary life benefits your must complete a Change of Beneficiary form.

### Who do I contact with questions and where do I find these forms?

Contact your Human Resources Representative (see contact information inside front cover).

### When are the forms due and where do I return them?

All forms are due by the end of your waiting period and must be returned to the Human Resources Department.

The information in this Benefit Summary is presented for illustrative purposes and is based on information provided by the employer. The text contained in this Benefit Summary was taken from various summary plan descriptions and benefit information. While every effort was taken to accurately report your benefits, discrepancies, or errors are always possible. In case of discrepancy between this Benefit Summary and the actual plan documents the actual plan documents will prevail.

All information is confidential, pursuant to the Health Insurance Portability and Accountability Act of 1996. If you have any questions about your Guide, contact Human Resources



# Important Notices

# I. Initial Notice About Special Enrollment Rights and Pre-existing Condition Exclusion Rules in Your Group Health Plan

A federal law called Health Insurance Portability and Accountability Act (HIPAA) requires that we notify you about two very important provisions in the plan. The first is your right to enroll in the plan under its "special enrollment provision" without being considered a late applicant if you acquire a new dependent or if you decline coverage under this plan for yourself or an eligible dependent while other coverage is in effect and later lose that other coverage for certain qualifying reasons. Second, this notice advises you of the plan's pre-existing condition exclusion rules that may temporarily exclude coverage for certain pre-existing conditions that you or a member of your family may have. Section I of this notice may not apply to certain self-insured, non-federal governmental plans. Contact your employer or plan administrator for more information.

#### A. SPECIAL ENROLLMENT PROVISIONS

Loss of Other Coverage (Excluding Medicaid or a State Children's Health Insurance Program) If you are declining enrollment for yourself or your eligible dependents (including your spouse) because of other health insurance or group health plan coverage, you may be able to enroll yourself and your dependents in this plan if you or your dependents lose eligibility for that other coverage (or if you move out of an HMO service area, or the employer stops contributing toward your or your dependents' other coverage). However, you must request enrollment within 31 days after your or your dependents' other coverage ends (or move out of the prior plan's HMO service area, or after the employer stops contributing toward the other coverage).

#### Loss of Coverage For Medicaid or a State Children's Health Insurance Program

If you decline enrollment for yourself or for an eligible dependent (including your spouse) while Medicaid coverage or coverage under a state children's health insurance program is in effect, you may be able to enroll yourself and your dependents in this plan if you or your dependents lose eligibility for that other coverage. However, you must request enrollment within 60 days after your or your dependents' coverage ends under Medicaid or a state children's health insurance program.

#### New Dependent by Marriage, Birth, Adoption, or Placement for Adoption

If you have a new dependent as a result of marriage, birth, adoption, or placement for adoption, you may be able to enroll yourself and your dependents in this plan. However, you must request enrollment within 31 days after the marriage, birth, adoption, or placement for adoption.



# Important Notices

#### **B. PRE-EXISTING CONDITION EXCLUSION RULES**

Most health plans impose pre-existing condition exclusions. This means that if you have a medical condition before coming to our plan you might have to wait a certain period of time before the plan will provide coverage for that condition. This exclusion applies only to conditions for which medical advice, diagnosis, care or treatment was recommended or received within the six- month period before your enrollment date. Generally, this six-month period ends the day before your coverage becomes effective. However, if you were in a waiting period for coverage, the six-month period ends on the day before the waiting period begins. "Waiting period" generally refers to a delay between the first day of employment and the first day of coverage under the plan. The pre-existing condition exclusion does not apply to pregnancy or to an individual under the age of 19.

This pre-existing condition exclusion may last up to 12 months (18 months if you are a late enrollee) from your first day of coverage, or, if you were in a waiting period, from the first day of your waiting period. However, you can reduce the length of this exclusion period by the number of days you had prior "creditable coverage." Most prior health coverage is creditable coverage and can be used to reduce the pre-existing condition exclusion if you have not experienced a break in coverage of at least 63 days. To reduce the 12-month (or 18-month) exclusion period by your creditable coverage, you should give us a copy of any certificates of creditable coverage you have. If you do not have a certificate, but you do have prior health coverage, you have a right to request one from your prior plan or issuers. We will help you obtain one from your prior plan or issuer, if necessary. There are also other ways that you can show you have creditable coverage. Please contact us if you need help demonstrating creditable coverage.

For more information about the pre-existing condition exclusion and creditable coverage rules affecting your plan, call Customer Service at the phone number on the back of your Blue Cross and Blue Shield ID card.

### **II. Additional Notices**

Other federal laws require we notify you of additional provisions of your plan.

Notices of Right to Designate a Primary Care Provider (for Non-Grandfathered Health Plans Only)

For plans that require or allow for the designation of primary care providers by participants or beneficiaries:

If the plan generally requires or allows the designation of a primary care provider, you have the right to designate any primary care provider who participates in our network and who is available to accept you or your family members. For information on how to select a primary care provider, and for a list of the participating primary care providers, call Customer Service at the phone number on the back of your Blue Cross and Blue Shield ID card.



